

## MCHA Monthly Meeting Agenda

Thursday, May 21, 2026

10:00 AM – 12:00 PM

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### 10:00 AM – Welcome & Opening Remarks

- Welcome and introductions
  - Mailing sent overview
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### 10:10 AM – Featured Presentation

#### Maternal Mental Health & Maternal Infant Health Assessment Findings

##### Speakers:

Cassie Manjikian

California Perinatal Wellness Alliance

&

Katherine Heck

MIHA (Maternal Infant Health Assessment), California Department of Public Health

#### Presentation

##### Topics:

- Maternal mental health trends and challenges
- Findings from the Maternal Infant Health Assessment (MIHA)
- Recommendations for clinicians, community programs, and policymakers
- Strategies to better support Californians with a recent birth
- Q&A / discussion

Plus

Benefits Updates from MCHA staff

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### 11:30 AM – MCHA Staff Updates

#### Benefits Program Updates

- Program updates from MCHA staff
- Service highlights / recent developments